

**Available food items in Catherine’s Cupboard  
 fall 2020**

**BEANS**   
baked  
black  
pork and beans  
garbanzo  
  
**RAMEN NOODLES**chicken  
beef

**CANNED VEGETABLES**peas  
carrots  
corn  
canned potatoes  
mixed vegetables  
  
**BREAKFAST**cold cereal  
breakfast bars  
Pop Tarts

**GRAINS**pasta/macaroni  
macaroni & cheese  
rice  
tomato sauce and marinara sauce  
canned tuna and canned chicken  
Chef Boyardee  
ravioli  
crackers  
peanut butter  
jam

**SOUP** tomato  
 cream of mushroom  
 vegetable  
 beef  
 minestrone  
 chicken noodle  
  
 **BEVERAGES** tea, plain and green  
 coffee  
  
 **FRUIT** peaches  
 pears  
 fruited Jell-O and plain Jell-O  
 applesauce  
 pudding, chocolate and vanilla  
  
 **HYGIENE PRODUCTS** deodorant  
 soap  
 shampoo  
 toothpaste  
 toothbrush  
 laundry detergent